

METAFECTENE[®]

The efficient Transfection Reagent for Mammalian Cells

For ordering information, SDS, publications and application notes see www.biontex.com

Product	Order No.	Size
METAFECTENE®	T020-0.2	200 µl
METAFECTENE®	T020-1.0	1.0 ml
METAFECTENE®	T020-2.0	2 x 1.0 ml
METAFECTENE [®]	T020-5.0	5 x 1.0 ml

- **Shipping:** At room temperature
- Storage: 4°C
- **Stability:** Best before: see label.

Formulations of liposomes like METAFECTENE[®] change their size distribution after long storage at 4°C, which can have slightly adverse effects on the transfection efficiency. This effect can be reversed by a freeze-thaw cycle. We recommend performing a freeze-thaw cycle before first use and subsequently monthly to yield optimal results.

Use: Only for research purposes *in vitro*, not intended for human or animal diagnostic, therapeutic or other clinical uses.

Description

METAFECTENE[®] is a polycationic transfection reagent based on liposome technology. The specifically designed molecular structure of the cationic lipid ensures easy entry of DNA or RNA into cells by condensing DNA or RNA into compact structures (DNA or RNA-lipid complex). In the cell the release of DNA or RNA is guaranteed by the built-in endosome buffering.

METAFECTENE[®] is provided as a ready-to-use solution. It shows no serum inhibition, which makes it a reagent of choice for transfecting sensitive cell lines.

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1. General Guidelines

1.1 Specifications

Application	Transfection of nucleic acids into mammalian cells
Formulation	Cationic lipids with colipids in water
Assays	up to 1500 (24-well) or up to 400 (6-well) with 1 ml reagent
Sterility	tested
Cell Culture	tested
Storage	4°C

1.2 Quality Control

Standard transfection assay. Absence of bacterial and fungal contamination is verified using thioglycolate medium.

1.3 Explanatory Remarks

METAFECTENE[®] is provided as a ready-to-use solution. It shows no serum inhibition, which makes it a reagent of choice for transfecting sensitive cell lines.

Storage

METAFECTENE[®] is delivered **uncooled and should be stored in a refrigerator at 4°C after receipt.** Storage for several days at room temperature is not a problem provided that the reagent is subsequently stored again at 4°C. Freeze-thaw cycles do not affect the reagent. On the contrary, a freeze-thaw cycle can re-optimize the gradually changing size distribution of the liposomes in METAFECTENE[®].

State of cells

Cells to be transfected should be well proliferating and healthy. Cells which have been in a quiescent state at confluency for a while (before seeding) may not be transfected as efficiently as cells which are growing rapidly. Therefore it is recommended to use regularly passaged cells for transfection experiments. Microbial contamination, for example with mycoplasma or fungi, can drastically alter transfection results.

Cell confluency

The true confluency of the cells (adherent) to be transfected cannot be estimated visually by using a microscope, but can be optimally determined by means of a growing curve and comparison with counted cells. In many cases a 90-100% covered growing area is correlated with 30-60% true confluency.

The DNA transfection during the exponential growing phase of the cells is essential for optimum results, because of the critical role of cell division in transport of the DNA into the nucleus. The optimal confluency has to be adapted to the cell line used!

Good results are regularly obtained by using a covered growing area of 90-100% (visual confluency, see section 5).

Quality of the nucleic acid

DNA or RNA should be of highest purity if optimal results for transfection are desired. For example, endotoxins decrease transfection efficiency. Before its use in complex formation, DNA or RNA should not be stored diluted in medium for much longer than 5 min. Adsorption of DNA or RNA in container materials can result in decrease of transfection efficiency. Polypropylene shows a minimum tendency towards adsorption of transfection reagent and genetic material in comparison to e.g. glass and polyethylene.

Antibiotics

Must be avoided where indicated. In some cases cell death can be caused by use of antibiotics in the transfection medium.

Optimization

Although METAFECTENE[®] shows a broad peak performance, if optimal results are desired we recommend optimization of the transfection protocol for each combination of plasmid and cell line used. Every cell line has a characteristically optimal DNA or RNA-lipid ratio. The format of dishes for lipoplex formation and cell culture can influence the ratio and absolute amounts of reagents (probably caused by differing adsorption properties of the tube material based on differing surface dimensions).

Additionally, a protocol used for other transfection reagents should never be transferred to METAFECTENE[®] (or any other different transfection reagent). Every transfection reagent possesses its own molecular structure with specific physical properties, which have an important influence on DNA or RNA-lipid ratios. Appropriate optimization instructions are given in section 3. As a rule, only little optimization is required if the recommended starting points are used.

Stable Transfection

If you desire Stable Transfection, follow the usual working instructions for seeding cells with lower density. On the day of transfection, cells should preferably be less than 50% confluent. After the transfection procedure, replace transfection medium with a suitable selected medium containing antibiotics.

2. Working Instructions

We recommend optimizing by following the optimization protocol if desired.

2.1 Transfection of adherent cells - Standard protocol for a 12-well format -

- 1. In a 12-well tissue culture plate, seed $1.0 4.0 \times 10^5$ (starting point: 2.0×10^5) cells per dish in 1 ml of suitable fresh complete medium. Numbers of cells to seed depend on cell type and size. Optimization may be necessary, e.g. via determination of a growing curve. Maintain same seeding conditions between experiments.
- 2. Incubate the cells at 37° C in a CO₂ incubator until growing area is 90-100% covered. The time required will vary among cell types, but will usually take 18-24 hours.
- 3. The DNA or RNA stock solutions and transfection reagent should be at room temperature. Agitate the stock solutions gently before use.
- 4. Prepare the following solutions using a cell culture grade 96-well plate or other tubes made of polypropylene, glass or polystyrene (preferentially polypropylene). **Medium must be pipetted first.** Pure solutions must not come into contact with plastic surfaces.

Solution A: $0.5 - 1.5 \ \mu g$ of DNA or RNA to 50 μl serum- and antibiotic-free medium or 1xPBS

- Solution **B**: $1.0 7.0 \ \mu$ l of METAFECTENE[®] to 50 μ l serum- and antibiotic-free medium or 1xPBS
- 5. Mix the solutions gently by carefully pipetting one time.

The DNA or RNA-lipid ratio has to be kept between 1:2 und 1:7 [µg DNA or RNA: μ I METAFECTENE[®]].

In the following step we recommend respecting the order of addition: Please add the DNA or RNA solution into the METAFECTENE[®] solution and not in reverse!

- 6. Combine the two solutions, mix carefully (shear stress may destroy the DNA or RNA-lipid complex!) and incubate at room temperature for 15–20 min.
- 7. After incubation time add as soon as possible the DNA or RNA-lipid complexes drop wise to the cells and swirl the flask with **extreme care**. If toxicity is a problem because of very sensitive cells, remove the transfection mixture after 3-6 hours and replace it with medium. Incubate at 37° C in a CO₂ incubator.
- 8. Depending on cell type and promoter activity, assay cells for gene activity 24–72 h following the start of transfection.

2.2 Transfection of suspension cells - Standard protocol for a 12-well format -

- 1. In a 12-well tissue culture plate, seed $0.4 1.6 \times 10^5$ cells per dish in 1ml suitable fresh complete medium. Numbers of cells to seed depend on cell type and size. Optimization may be necessary, e.g. via determination of a growing curve. Maintain same seeding conditions between experiments.
- 2. The DNA or RNA stock solutions and transfection reagent should be at room temperature. Agitate the stock solutions gently before use.
- Prepare the following solutions using a cell culture grade 96-well plate or other tubes made of polypropylene, glass or polystyrene (preferentially polypropylene) for each transfection. Medium must be pipetted first. Pure solutions must not come into contact with plastic surfaces.
 - Solution A: $0.5 1.5 \ \mu g$ of DNA or RNA to 50 $\ \mu l$ serum- and antibiotic-free medium or 1xPBS
 - Solution **B**: $1.0 7.0 \ \mu$ l of METAFECTENE[®] to 50 \ \mul serum- and antibiotic-free medium or 1xPBS
- 4. Mix the solutions gently by carefully pipetting one time.

The DNA or RNA-lipid ratio has to be kept between 1:2 und 1:7 [µg DNA or RNA: μ I METAFECTENE[®]].

We recommend respecting the order of addition in the following step: Please add the DNA or RNA solution into the METAFECTENE[®] solution and not in reverse!

- 5. Combine the two solutions, mix carefully (shear stress may destroy the DNA or RNA-lipid complex!) and incubate at room temperature for 15–20 min.
- 6. After incubation time add as soon as possible the DNA or RNA-lipid complexes drop wise to the cell suspension and swirl the flask with **extreme care**. If toxicity is a problem because of very sensitive cells, remove the transfection mixture after 3–6 hours and replace it with medium. Incubate at 37°C in a CO₂ incubator.
- 7. Depending on cell type and promoter activity, collect cells by centrifugation and assay cells for gene activity 24–72 hours following the start of transfection.

3. Optimization

3.1 Critical optimization parameters

Ratio of DNA or RNA to METAFECTENE®

The most important optimization parameter is the ratio of DNA or RNA to METAFECTENE[®]. For successful transfection a slightly net positive charge of the DNA- or RNA-METAFECTENE[®]– complex is required. The optimal DNA- or RNA-METAFECTENE[®]– ratio depends on the cell line.

Quantity of transfection complex

In order to obtain the highest transfection results, optimization of the absolute amount of DNA- or RNA-lipid complex may be required.

Optimal ratio of DNA or RNA to METAFECTENE[®] and concentration of DNA- or RNA-lipid complex may vary with the number of cells. An excessive amount of the complex can lead to over expression and/or lysis of cells (lipids are also lysis reagents!) It is necessary to keep the number of seeded cells and incubation period constant until the transfection procedure for a reproducible optimization of these parameters.

Numbers of cells to seed

For details see section 5.

Effect of serum

As yet, nearly all cell lines transfected with METAFECTENE[®] have shown superior results if transfection is performed in the presence of serum. Nevertheless, special cell lines may show different behaviour. Accordingly transfection can be performed without serum, under serum-reduced or full-serum (e.g. 10%) condition.

Presence of serum during **complex formation** between METAFECTENE[®] and DNA or RNA is strictly forbidden!

Serum may inhibit complex formation. Once the complex is formed, contact with serum is permitted.

Optimal ratio of DNA or RNA to METAFECTENE[®] and concentration of DNA- or RNA-lipid complex may vary with different serum concentrations.

Optimization of these critical parameters by following the optimization instructions should give satisfactory results.

3.2 Further optimization parameters

These parameters can be further optimized by a step-by-step procedure:

Incubation time with transfection complex

Cells can be exposed to the transfection complex within a variety of time ranges (i.e. 3–72 hours). Depending on the sensitivity of the transfected cell line, short or long exposure is possible.

Time range between transfection and evaluation

Assay for gene activity should be performed 24–72 hours after the start of transfection. The optimal time is dependent on cell type, promoter activity and expression product (e.g. toxicity).

Using PBS in nucleic acid-lipid complex formation instead of serum-free medium

Numerous experiments showed that the use of PBS in DNA or RNA-lipid complex formation instead of serum- and antibiotic-free medium delivers transfection rates with improved reproducibility and in some cases higher transfection rates, particularly with lower volumes of lipids.

PBS composition:

10x PBS:

NaCl
KCI
KH ₂ PO ₄
Na ₂ HPO ₄ • 2 H ₂ O

The salts are weighed, mixed, topped up to 500 ml with water and dissolved, then autoclaved.

1x PBS:

10x PBS is diluted 1:10 with water in a volumetric flask and autoclaved.

Addition of the transfection complex to freshly seeded cells

Addition of the transfection complex to adherent cells immediately (within 1 hour) after their seeding into adequate culture plates can result in a considerable increase of transfection efficiencies. It is not necessary to change the incubation time. **This procedure can shorten the time of a transfection experiment by 24 hours!**

3.3 Optimization instructions

For optimizing purposes, use reporter gene plasmids such as pCMVBGal, pND2Lux, pEGFP etc.

- 1. Follow the working instructions, varying the amount of METAFECTENE[®] within the interval proposed in the table in section 4 (e.g. 2μ l, 4μ l, 6μ l, 8μ l, 10μ l, 12μ l etc. METAFECTENE[®]). Keep the number of cells at the beginning of the transfection procedures and the DNA or RNA amounts constant at the recommended starting-points. The serum concentration during incubation with the DNA or RNA-lipid-complexes should be the same as the concentration with which the cells are cultured.
- 2. Follow the working instructions, varying the quantity of the DNA or RNA (e.g. 1 µg, 1.5 µg, 2 µg, 2.5 µg, 3 µg etc. DNA or RNA) and keeping the proposed interval of METAFECTENE[®] proportional (see step 1). Also, keep the number of cells at the beginning of the transfection procedures constant at the recommended starting-point. The serum concentration during incubation with the DNA or RNA-lipid-complexes should be the same as the concentration with which the cells are cultured. Determine the optimal DNA or RNA and lipid amounts.
- 3. Repeat steps 1 and 2 with serum-reduced and serum-free conditions.
- 4. Repeat steps 1 und 2 with other starting-points for the number of cells at the beginning of the transfection procedures.

Example for a 12-well format

- 1. In a 12-well microtiter plate, seed $1.0 4.0 \times 10^5$ cells per dish in 1 ml of suitable complete medium. (Numbers of cells to seed depend on cell type and size. Optimization may be necessary. Maintain same seeding conditions between experiments.)
- 2. Incubate the cells at 37° C in a CO₂ incubator. The growing area should be 90–100% covered. The time required will vary among cell types, but will usually take 18–24 hours.
- 3. The solutions of reporter gene DNA or RNA and METAFECTENE[®] transfection reagent should have ambient temperature and should be gently mixed prior to use.
- 4. Pipette 50 μl serum- and antibiotic-free medium or 1xPBS to each below stated well using a cell culture grade 96-well plate. Following add:
 - 0.5 µg DNA or RNA in A1-A4
 - 1.0 μ g DNA or RNA in B1-B4
 - 1.5 µg DNA or RNA in C1-C4

and mix the solutions gently by carefully pipetting one time.

5. Pipet 50 µl serum- and antibiotic-free medium or 1xPBS to each below stated well using a cell culture grade 96-well plate. Following add:

 1 μl, 2 μl, 4 μl, 6 μl
 METAFECTENE[®] in D1-D4

 2 μl, 4 μl, 8 μl, 12 μl
 METAFECTENE[®] in E1-E4

 4 μl, 8 μl, 12 μl, 16 μl
 METAFECTENE[®] in F1-F4

and mix the solutions gently by carefully pipetting one time

We recommend respecting the order of addition in the following step: add the DNA or RNA solution into the METAFECTENE[®] solution!

- 6. Combine the corresponding wells (A1+D1, A2+D2 etc., B1+E1, B2+E2 etc., C1+F1, C2+F2 etc.), mix carefully (shear stress can destroy the developing complex!) and incubate at room temperature for 15–20 min.
- 7. After incubation time add as soon as possible the DNA or RNA-lipid complexes drop wise to the cells and swirl the flask **with extreme care**. Incubate at 37° C in a CO₂ incubator. If toxicity is a problem because of very sensitive cells, remove the transfection mixture after 3-6 h and replace it with medium.
- 8. Depending on cell type and promoter activity, assay cells for gene activity 24–72 h following the start of transfection.

If results are satisfactory, scale up or down to other desired vessel sizes. In this case see table on following section 4.

4. Up- and Downscale

Reagent quantities for different sizes of culture vessels (proposed starting points for optimization in brackets) are indicated.

Please note:

- 1. In the majority of cases, the optimum ratio range of DNA or RNA [µg] to METAFECTENE[®] [µl] is between 1:2 and 1:7.
- 2. Adsorption processes of the vessel material with the agents used necessitate optimization of the amount of lipoplex and the DNA or RNA-lipid ratio for each change to a significantly different format.

Culture plate	96-well plate	24-well plate	12-well plate	6-well plate	60mm	100mm
Growth areas [cm ²]	0.31	1.9	3.7	9	22	60
Proportional factors	0.03	0.2	0.4	1.0	2.5	6.7
Adherent cells to seed (1 day before transfection) [×10 ⁵] [*]	0.10-0.60 (0.30)	0.4-2.0 (1.0)	1.0-4.0 (2.0)	2.5–10.0 (5.0)	6.0-24.0 (12.0)	15.0-60.0 (25.0)
Suspension cells to seed (day of transfection) [×10 ⁵] [*]	0.04-0.24 (0.12)	0.16-0.8 (0.40)	0.4-1.6 (0.8)	1.0-4.0 (2.0)	2.4-9.6 (4.8)	6.0-24.0 (10.0)
Cell suspension volume [ml]	0.15	0.5	1.0	2.0	4.5	12.0
DNA or RNA amount [µg]	0.05-0.3 (0.1)	0.15-1.0 (0.5)	0.3-2.0 (1.0)	0.4-5.0 (2.0)	1.0-12.0 (6.0)	2.0-34.0 (14.0)
METAFECTENE [®] - amount [µl]	0.2-4.0 (0.6)	0.5-7.0 (2.0)	1.0-15.0 (3.0)	2.0-35.0 (6.0)	4.0-90.0 (18.0)	10-250 (42.0)
Dilution volume of DNA or RNA [µl]	15 - 30	30	50	100	300	700
Dilution volume of METAFECTENE [®] [µl]	10 - 50	10 - 50	50	100	300	700

Proposed starting points for optimization in brackets.

* Numbers of cells to seed depend on cell type and size. Optimization may be necessary. Maintain same seeding conditions between experiments.

5. Troubleshooting

1. Avoid any contact of **pure** METAFECTENE[®] and of **pure** DNA or RNA solution with tube materials.

Conclusion: Serum- and antibiotic-free medium must be pipetted first!

- 2. DNA or RNA and METAFECTENE[®] solutions diluted in medium should be combined within 5 min.
- 3. Confluency determined visually ("visual" confluency = percentage of growth surface covered with cells) is **not identical** with confluency determined by growing curve (= true confluency). Best results are obtained if transfection is performed at the highest possible proliferation state (= 30-60% true confluency). This often corresponds with visual confluency of 90-100%.



- 4. Decreased cell growth or toxicity is often associated with very high transfection activity (over expression). This effect can be avoided by transfection of cultures with higher confluency or with a lower amount of DNA or RNA METAFECTENE[®] complex.
- 5. Do not add antibiotics to media during transfection as this may cause cell death and decrease transfection efficiency.
- 6. In case of very sensitive cells, remove the transfection mixture after 3–6 h and replace it with complete medium.



6. Miscellaneous

6.1 Important Information

This reagent is developed and sold for research purposes and *in vitro* use only. It is not intended for human or animal therapeutic or diagnostic purposes. METAFECTENE[®] is a registered trademark of Biontex Laboratories GmbH.

6.2 Warranty

Biontex guarantees the performance of this product until the date of expiry printed on the label when stored and used in accordance with the information given in this manual. If you are not satisfied with the performance of the product please contact Biontex Laboratories GmbH.

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